

# Agenda

# Medical Emergency Response Team Training

8:30 AM - 5:00 PM  
1 of 3 sessions - 24 hour format

**Type of meeting:**

Medical Emergency Response Team Training, 24-hour format

**Facilitator:**



**Please read:**

All areas regarding your homework assignments

*Agenda topics may not be sequential and may vary based on instructor preferences*

The purpose of the MERT Program is to provide advanced medical emergency training to the non-healthcare professional. This training furnishes each MERT member with the skills to provide immediate and temporary care to the seriously ill or injured employee at the workplace. This care is delivered during "everyday" emergencies and in the event of a local disaster (such as an earthquake, explosion, Haz Mat spill, etc.)

In Many cases, MERT members will later respond to an emergency and provide treatment as an individual or as a team. For some, it will be to augment an on-staff medical professional and outside emergency personnel (9-1-1).

## Agenda topics - Day One

- Introduction - Goals & Objectives
- Training Philosophy
- Team Roles & Responsibilities
- Walk Before We Run - the basics of emergency care
- Turning Chaos Into Great Patient Care
- Safety First - Bloodborne Pathogens Training -Formal Program
- Yellow Brick Road - ABC's, 'C' Spine, Bleeding & Shock
- Company Specific Emergency Procedures
- Single Rescuer, Team & Group Approach To The Conscious And Unconscious Victim
- Single Rescuer CPR - Buddy System - AED overview and practice
- Skill Mills On Single, Team & Group Approaches To An Incident - Conscious & Unconscious Victims
- Defining MERT Roles - Patient Man, Scribe, Other Team Members And How They Fit In

### Homework:

1. Read Your CPR Book Cover-to-Cover
2. Go To This Link And Take A Few EmerQuizzes

<http://www.lifesafety.com/mert/merterquiz.htm>

## Agenda Topics - Day Two

- Questions & Answers
- Review Of Day One Skills
- Illness Assessment
  - Level Of Consciousness
  - Skin Signs
  - Breathing
  - Pulse
  - Blood Pressure
- Medical Emergencies
  - Heart Attack
  - Stroke
  - Diabetes
  - Seizures
  - Abominable Pain
  - Dizziness, syncope
- Multiple Scenarios

### Homework:

1. Read Your First Aid Book Cover-to-Cover
2. Go To This Link And Take A Few More EmerQuizzes

<http://www.lifesafety.com/mert/merterquiz.htm>

## **Agenda Topics - Day Three**

- Questions & Answers
- Review Of Day One & Day Two Skills
- Continuation Of Medical Scenarios
- Introduction To Oxygen Administration
- Lifting & Moving - Backboard, Scoop, Stair  
-Chair, Wheel Chair, Flat
- Secondary Exam
- Trauma Emergencies - Wounds & Bandaging
- Trauma Slides
- Skill Mills - Skills Testing

### **Graduation**

- Wallet card
- Full-colored wall certificate
- Label pin

Go to [www.lifesafety.com/mert](http://www.lifesafety.com/mert)

**Optional at a fee: MERT signs, Response paks**

## ERT Response Bag (quality fanny pak)

### EMS2 – Red or Blue

1-12 \$51.95 ea. 13-20 \$49.95 ea

Excludes shipping/handling and applicable sales tax



#### Side Pouches

2 (pair) disposable gloves

#### Front Flap

1 Penlight

1 Shears

1 Pen

#### Front Pouch

1 Triangular

6 Antiseptic towelettes

1 Bio-hazard bag

1 MERT forms (pad of 25)

1 Emergency blanket

1 Cold pack

1 Microshield

2 Oval eye pads

1 Bottle eye wash, ½ ounce

1 Burn pack

3" x 4" non-adhering gauze pads, sterile - 2

Burn Jel, 3.5 gram packet - 2

1 Bandaid pack

¾" x 3" bandaid - 5

1" x 3" bandaid - 5

butterfly bandaid - 2

finger-tip bandaid - 2

knuckle bandaid - 2

2" x 4" bandaid - 1

1 BBP Kit

Red Z - 2

Scoop

Vionex - 2

Paper towel - 2

#### Rear Pouch

2 5" x 9" sterile gauze pad

25 4" x 4" non-sterile gauze pads

2 3" rolled gauze, non-sterile

1 (roll) Adhesive tape, ½"

1 Safety glasses

### EMS2 Deluxe (includes BP cuff & stete) – Red or Blue

Cost: 1-12 \$69.95 ea. 13-20 \$67.95 ea

Excludes shipping/handling and applicable sales tax

## Emergency Response Vest

**Type:** Mesh Safety Vest - Red or Blue

**Cost:** 1-25 \$32.95 ea.

Excludes shipping/handling and applicable sales tax

Description: Constructed of extra strong vinyl coated nylon mesh, edges are bound and double stitched with nylon binding. Adjustable on each side with release buckles. 3M Scotchlite reflective materials on front and back. One size fits most with XXL and XXXL available at an additional cost.

These are the very best on the market....

Lifetime guarantee

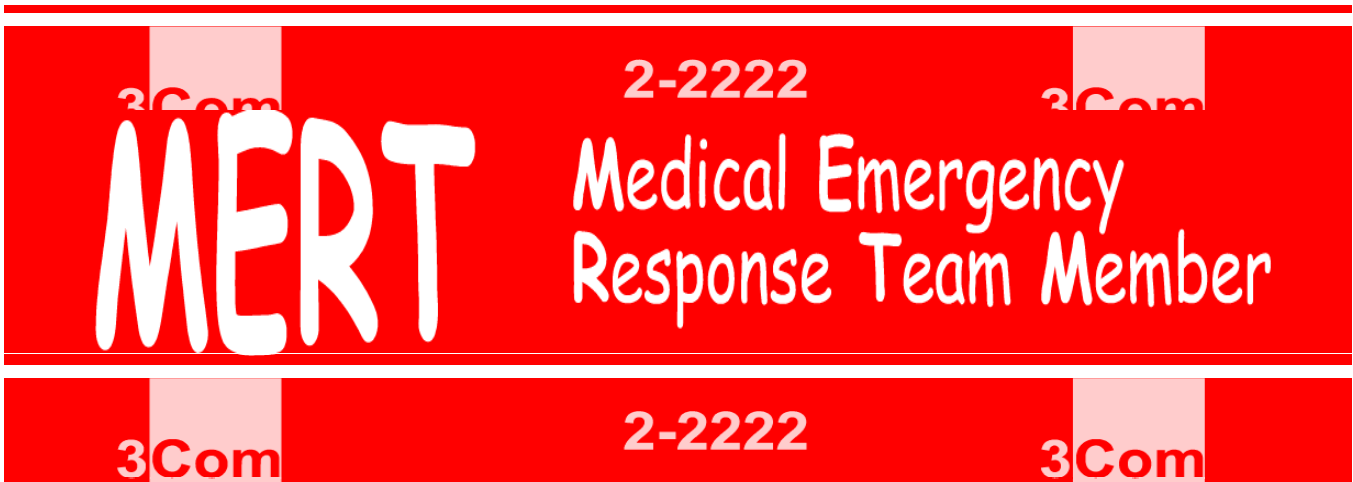
Custom lettering



Colors: orange, navy, brown, red, white, royal blue, green, black, lime green and yellow.

MERT or ERT Signage: Cost - \$6.79 (doubled sided) each with holder or Velcro - Custom colors, company logos and wording. These are great on top of partitions or on walls.

Actual size



All product quotes are good for 30 days and exclude shipping/handling and applicable sales tax.